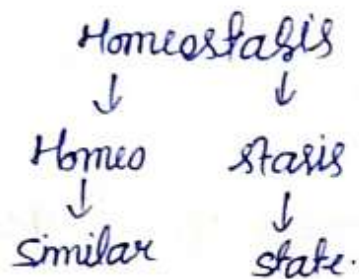


Unit-1 = Patho; **Pathophysiology**
∴ Homeostasis ∴

The term homeostasis derived from two words -



It means the similar state of body at any situation of external environment is called homeostasis.

→ The condition of body in which the internal environment of the body is remain constant with the external environment is called homeostasis.

The concept of homeostasis was discovered by Claude Bernard in 1865

→ The external environment of body like temp, Atmospheric condition, Humidity and weather. is regularly change. but ^{Body} body temp of our body, blood glucose level, blood creatinine level, blood volume, and CO₂ concentration is always remain constant due to homeostasis.

→ For example After blood loss or donating the blood the blood volume level becomes equal. in few days

→ In hot conditions when the temp. of Atmosphere is ↑ then by homeostasis process sweating start so the skin becomes cool ∴

→ When the toxic subs is ↑ in our body then the rate of excretion is ↑ to remove the waste material.

Mechanism of homeostasis

The homeostasis in body is control by the two mechanism.

- i) Positive feedback Mechanism.
- ii) Negative feedback Mechanism

Component of homeostasis:

The homeostasis system of body is regulated by three component.

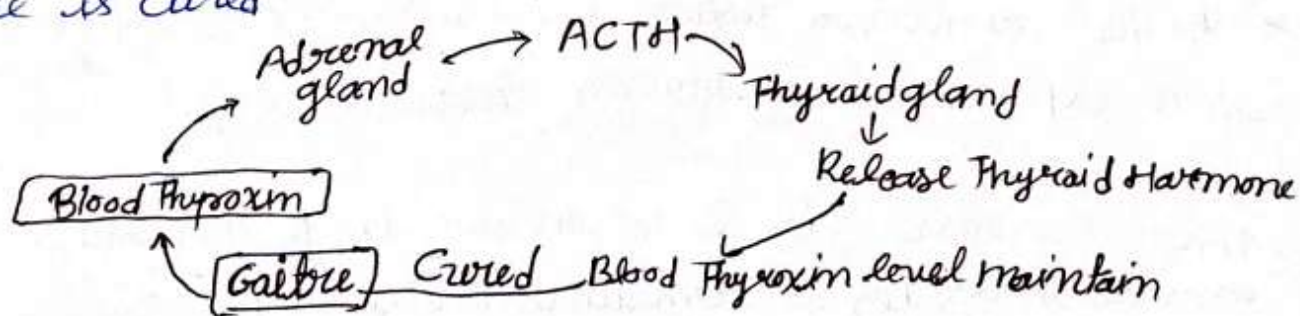
1. Sensory (Receptor)
- 2) Controller
- 3) Effector.

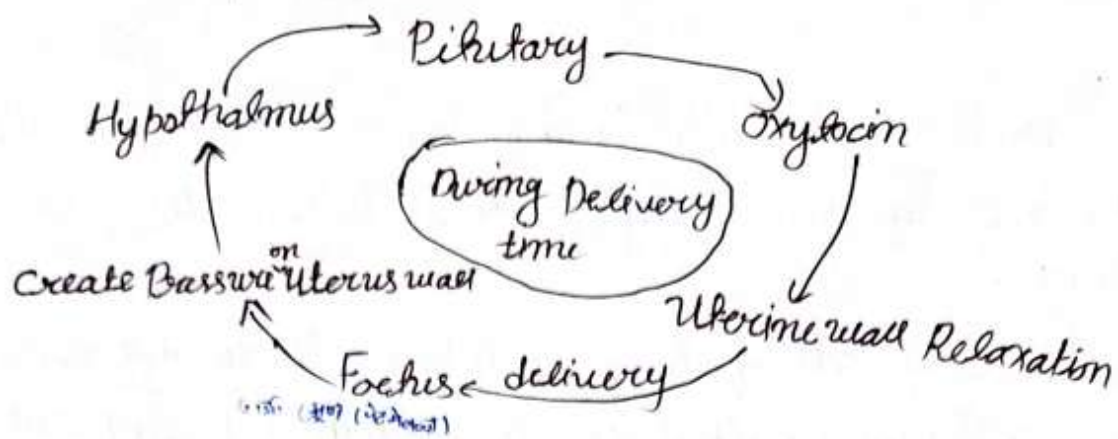
i) Positive feedback Mechanism :

When the homeostasis of body is maintain by increasing the response rate from low to high it is called positive feedback system.

⇒ Ex: (i) When the blood thyroxin level is reduce in our body then goitre disease is appear.

⇒ In this situation thyroid cell sends signal to the adrenal gland and it release ACTH Hormone (Adreno Cortico Trophic hormone) which stimulate the thyroid gland when thyroid gland is stimulated then it release the secretion of thyroxin hormone so the blood thyroxin level is maintain and goitre is cured.





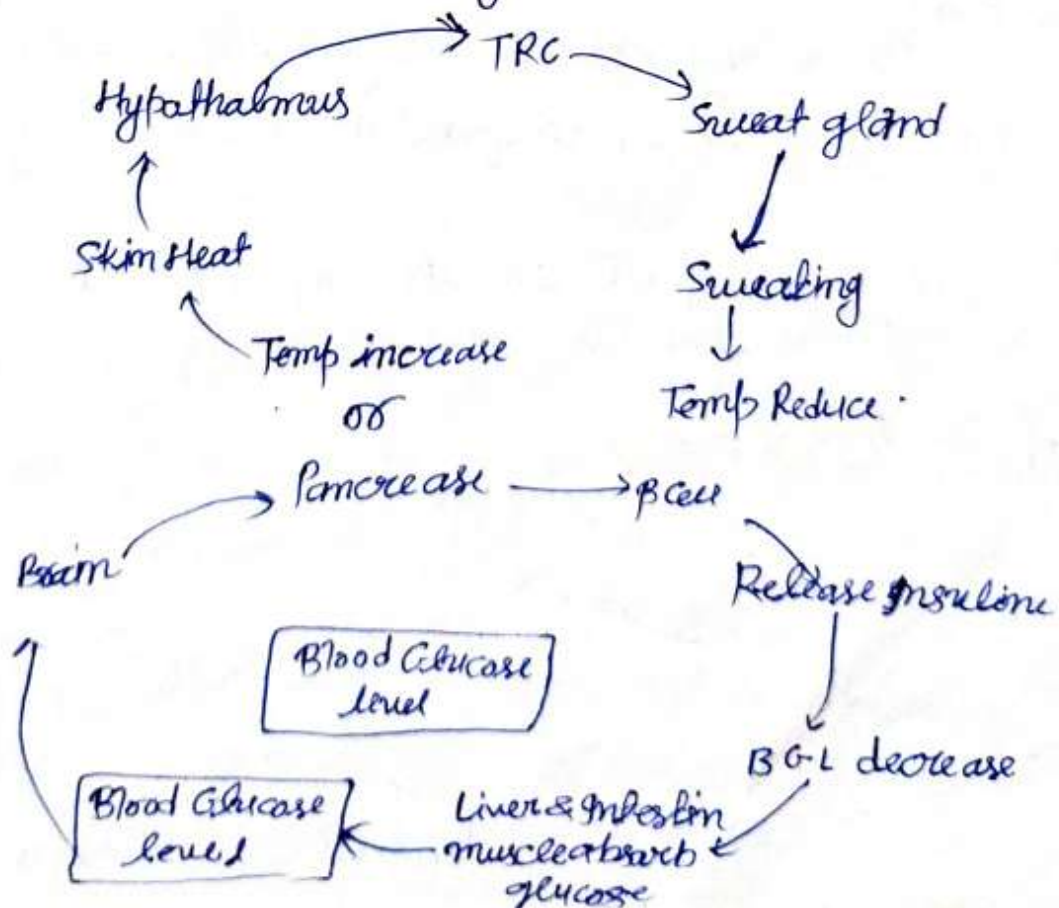
Negative feedback System :-

When the homeostasis of body is maintain by decreasing the response rate from high to low is called Negative feedback system.

Ex. When the body temp is $>$ es than normal temp (37°C) (98.6°F) then skin receptors send signal to the hypothalamus.

Hypothalamus stimulate the temp regulation centre (TRC) and which send information to the sweat gland.

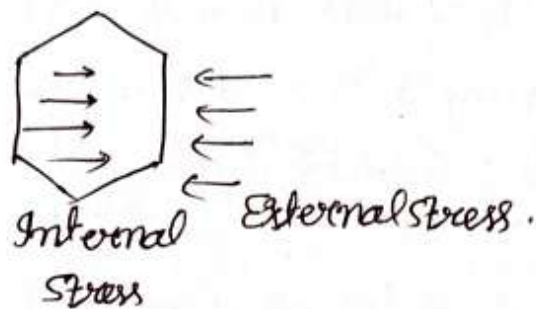
sweat gland starts sweating all skin so the temp is reduce.



Cell Injury

When the internal and external ^{stress} of cell is imbalance then the normal functioning of cell is disturb this is called cell injury.

→ Each and every cell of body maintain there homeostasis. but when the homeostasis of cell is disturb by any cause then it is called cell injury.



→ Cell injury is happened due to two reasons.

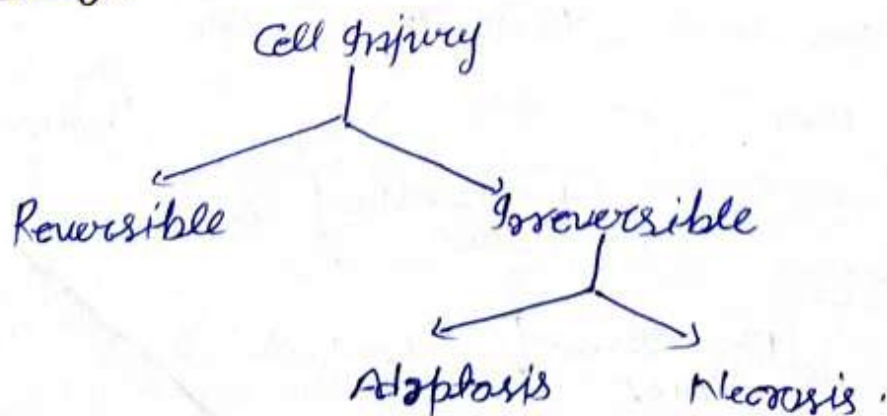
- i) Adaptation
- ii) Necrosis.

→ Adaptation

Due to any external excess the adjustment of the cell and change in there function is called Adaptation.

→ Necrosis ∴ The damage of cell are its any part due to loss of O_2 and nutrition is called necrosis.

Types of Cell Injury ∴



Reversible ∴

When cell again retain the its normal condition and normal function after the cell injury then it is called Reversible cell injury.

Irreversible ∴

After Apoptosis and necrosis process cell becomes dead and it cannot retain there normal condition. then it is called irreversible process.

Pathogenesis of Cell Injury ∴

The pathogenesis of a disease is a biological mechanism that leads to the diseased stage
→ It also describe the cause of disease, origin and development of disease and its nature acute or chronic.

→ On the basis of pathogenesis cell injury of following type.

- (i) Cell membrane damage.
- (ii) Nuclear Injury.
- (iii) Ribosomal Injury
- (iv) Mitochondrial
- (v) DNA.

i) Cell membrane damage ∴

The cell membrane of body is made up of diff. proteins, phospholipid & channels.

→ If there is any change in the functioning of channel in transport of ion then it is called cell membrane damage.

following are the some imp disorders related to cell membrane

→ 1) Hyaline membrane disease → It is disease of infants occur in lungs.

- ii) Alzheimer disease \rightarrow It is the phospholipid damage of brain cell.
- iii) Cystic fibrosis \rightarrow It is the cell membrane damage of muscle.
- iv) Duchenne muscular dystrophy \rightarrow Membrane damage of muscle.

1) Mitochondrial damage

Mitochondria is also known as the power house of the cell and when mitochondria is damaged then the ATP Production is failed.

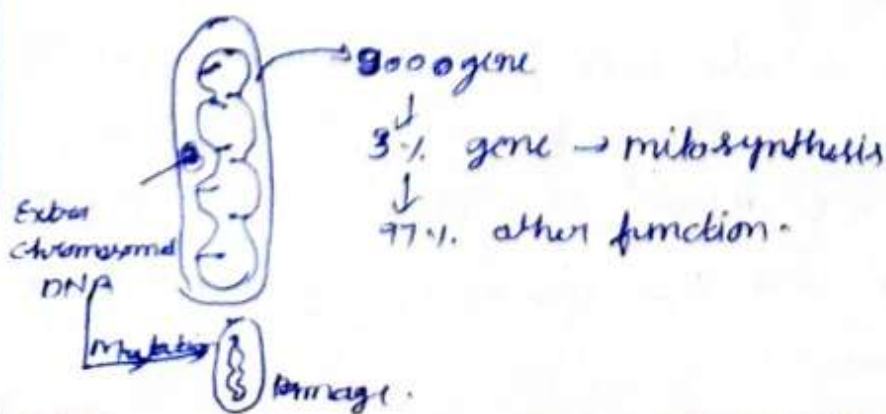
\rightarrow Mitochondria is composed of at least 3000 thousand types of genes in which 3% genes are involved in the synthesis of mitochondria, and rest 97% genes are involved in other functions.

Mitochondria is present in every cell of the body except sperm cell and RBC.

\rightarrow In mitochondria extra chromosomal DNA is present and by the alteration in DNA structure by gene mutation is caused mitochondrial damage.

\rightarrow Symptoms of mitochondrial damage -

- i) Poor growth.
- ii) Loss of muscle contraction.
- iii) Visceral problem.
- iv) Hearing problem.
- v) Heart liver and kidney disease.
- vi) Neurological problem Dementia (मनोरोग)

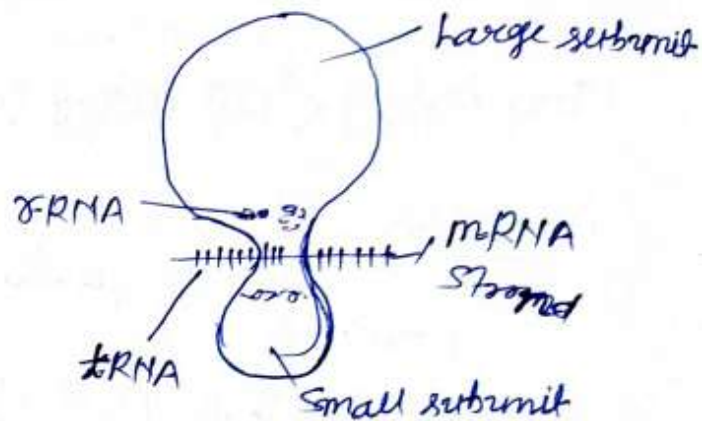


Ribosomal Damage

Ribosome is the essential organ for protein synthesis and the damage of structure of ribosome is called Ribosomal damage.

- If there is any change in the structure of rRNA then it may cause Ribosomal damage.
- Abnormal Ribosome biogenesis is linked to several human genetic disease.

- 1) Diamond black-fan Anaemia
- 2) Cancer.
- 3) Dystkeratosis. Congenital.
- 4) Shaw-Walker diamond disease.
- 5) Treacher. Collins. syndrome.
- 6) Cartilage hair hypoplasia.



Nuclear damage:

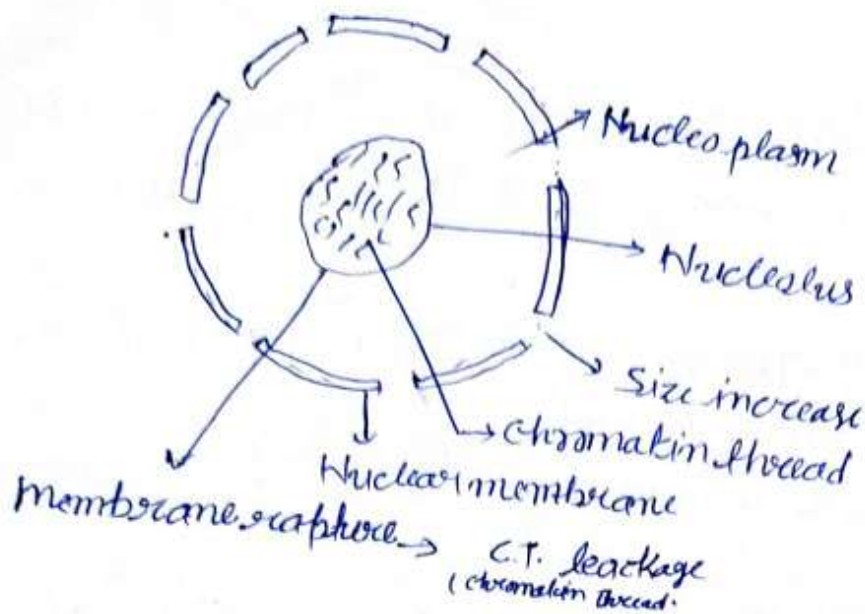
The structure of nucleus is consist of following part

- 1) Nuclear Membrane.
- 2) Nucleo plasm.
- 3) Nucleolus
- 4) Chromatin thread)

when the nucleus pore size \uparrow or \downarrow then nucleolus is damage then it may cause nuclear damage.

following disease are caused by damage to the cell Nucleus.

- 1) Cornelia de Lang Syndrome.
- 2) Revesz syndrome.
- 3) Schinzel Geidion syndrome
- 4) Spinal ^{muscular} atrophy
- 5) Triple 'a' syndrome



Morphology of Cell Injury / Adaptive

i) Atrophy

It is the partial or complete wasting of cell of any part.

→ Atrophy is due to poor O₂ supply, poor nutrition supply, genetic mutation, loss of hormonal support, etc.

→ Atrophy is the general physiological process of reabsorption and breakdown of tissue.

- muscle Atrophies, Distrophies of hormone, Gland Atrophies.

Vaginal Atrophies.

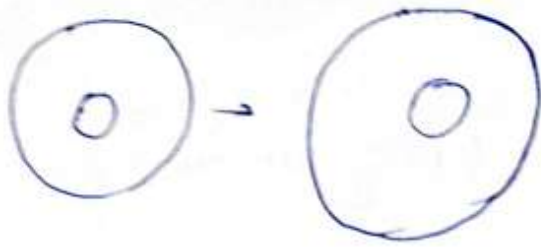


ii) Hypertrophy

It is the ↑ in the volume of any organ or tissue due to enlargement of its component of cell.

→ When the size of cell is ↑ this is called hypertrophy.

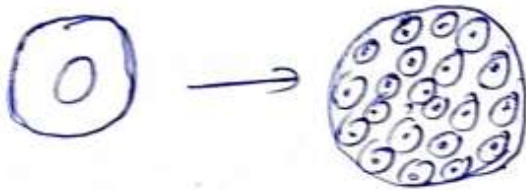
→ Ex Dilated cardio myopathy.



iii) Hypertrophy

When the size of cell remain constant but the no of cell is inc this is called hypertrophy.

Ex. Benign Prostatic hypertrophy; Cushing syndrome.
Endometrial hypertrophy; Sebaceous hypertrophy.



iv) Metaplasia

It is reversible transformation of one differentiated cell into another differentiated cell.

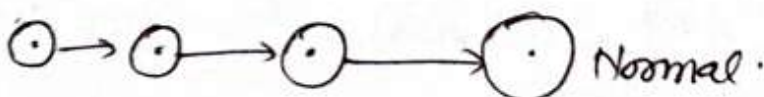
→ It may be a normal maturation process or caused by abnormal stimulus.

→ When the function of one cell is completely change into function of diff. cell is called metaplasia.



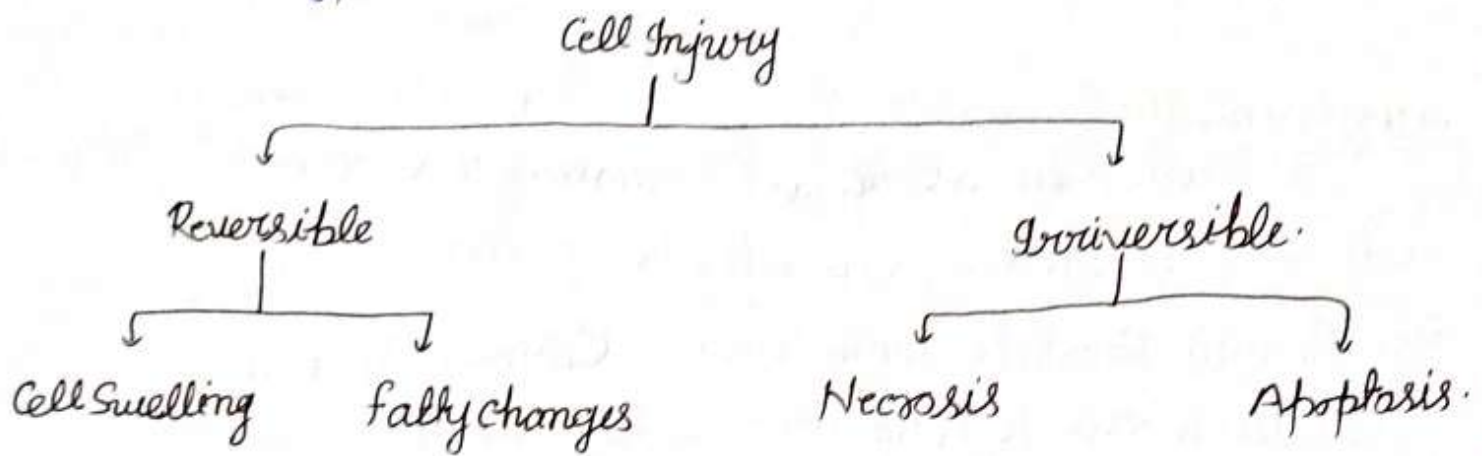
v) Dysplasia

When the growth of cell is stop and its shape and size remain constant as per germ cell.



Types of cellular damage :

Cell Injury on the basis of ... it is of two type.



Cell swelling :

In the cell membrane of any cell Na, K ATPase pump is present which is responsible for the movement of ion.

This pump require energy for functioning.

In the case of hypoxia or ischemia the energy is reduce. so the Na, K ATPase pump stop working.

Due to this excess of Ca^{++} ion and water accumulates inside cytoplasm, so the volume of cytoplasm is increase. and this is called cell swelling.

It causes some increase in weight and increase in the weight of the organ.

On microscopic observation small clear vacuoles may be seen within the cytoplasm.

If the cell swelling for long time then cell will be dies.

Fatty changes :-

The cell membrane of cell is made up of phospholipids. When the excess amount of fatty acid deposited b/w the cell membrane and cytoplasm then it is called fatty changes.

Due to increases in thickness of the cell its function is change and can impair the activities of cell.

In liver in largement of the hepatocytes due to fatty Acid can lead to cholestasis.

fatty changes is also known as fatty degradation, fatty fatty metamorphosis or fatty steatosis.

Necrosis :-

Necrosis is a irreversible cell death in which the cell membrane and its orgen are rupture. cell Necrosis include following thing.

→ Pyknosis :- Shrinking of chromosome.

→ Karyorrhexis :- Break daum of nucleus.

→ Karyolisis :- Desalution of cell Nucleaus.

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Apoptosis :

It is a programmed cell death of harmful cell in the body.

This is controlled by the different enzymes like Caspases.

The cell surface of the cell is change in such way that our immune system recognise. → then as ~~known~~ self.

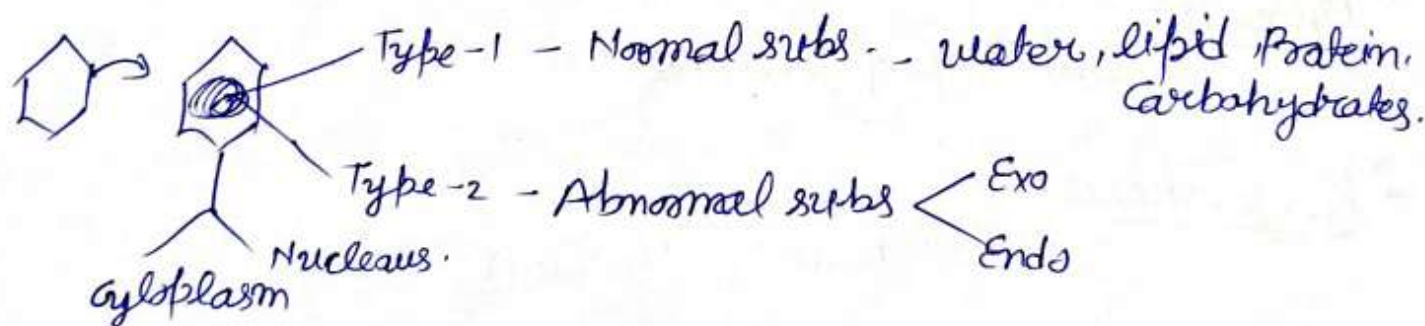
So the macrophage cell phagocytosis the cell.

Intracellular Accumulation :

The accumulation of useful or harmful subs. inside the cell. is called intracellular Accumulation.

Basically these subs are accumulated in either cytoplasm or a nucleus.

on the basis of nature of subs. Intracellular Accumulation is of two type.



Causes of Abnormalities

There are mainly four types of intracellular Accumulation seen.

- 1) When the rate of production is ↑ and the rate of metabolism is ↓ then the endogenous subs are

Accumulated inside the cell
Ex fatty changes in the liver.

ii) When the protein for enzyme synthesis are mutated then the respective enzyme stop working and proteins are accumulated.

Ex. Accumulation of mutated α protein Antitrypsin causes the accumulation of trypsin protein.

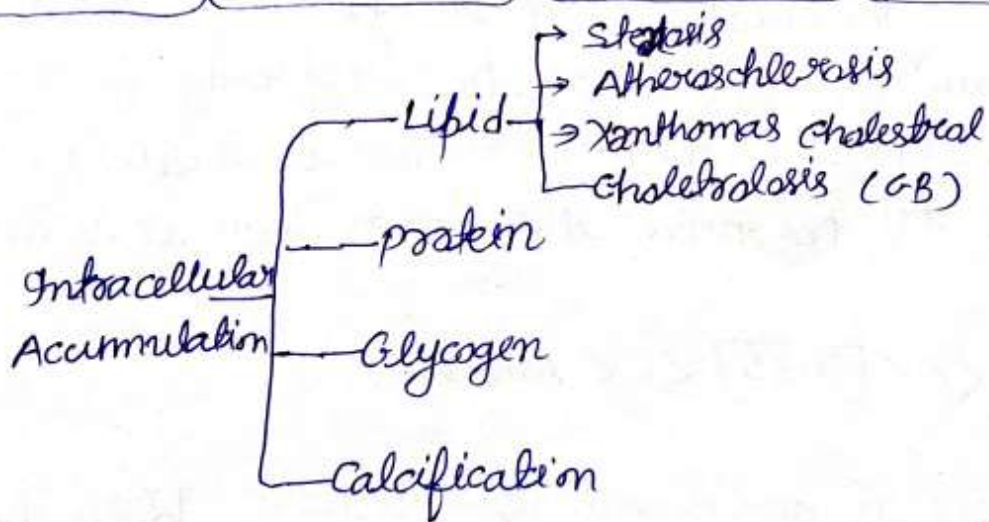
iii) When some inherited enzyme are destroyed ~~are~~ lysosome degenerate then a lot of endogenous subs. are accumulated.

Ex fat, protein, carbohydrate, water.

iv) Some times some exogenous material are accumulated which cause cell death.

Ex Accumulation of silica particle in lung silicosis.

Intracellular Accumulation of some major component & disease.



Accumulation of lipid

All kinds of lipid - fat, fatty acid, triacylglyceride & cholesterol, deposit inside the cell and can cause following disease.

Steatosis

The deposited of triglyceride inside parenchyma cell is called steatosis.

→ The causes of steatosis include toxin, Protein, Malnutrition, Diabetes, and obct.

1) Atherosclerosis:-

It is the diposition of cholesterol, Tri glyceride, LDL, VLDL, in the indothelial membrane of blood vessel is called Atherosclerosis.

11) Xanthomas:-

It is the accumulation of cholesterol in the connective tissue of skin and tendons.

12) Cholelithiasis

It is the accumulation of cholesterol in gall bladder.

Acidosis & Alkalosis:-

The average pH of the blood, cell and body fluids are about 7.35. and when the pH of body fluid is reduce and becomes less than 7.35 then it is called Acidosis and when the pH is more than 7.35 then it is called Alkalosis.

Acidosis <<< 7.35 <<< Alkalosis.

Acidosis:- Acidosis is also known as acidemia. When the acidic component are ↑ in our blood. then it cause Acidosis.

→ Acidosis can be classified further as metabolic Acidosis.

Metabolic Acidosis

When some metabolic acid like lactic acid, carbonyl acid are \uparrow es in our blood then it is called metabolic acidosis.

Metabolic Acidosis can be occurs by two reasons.

1) Hypoxemia \equiv

Lack of O_2 can \uparrow es the Acidosis.

2) Hypoperfusion \equiv

When the rate of blood flow is \downarrow es then the rate of excretion is also \downarrow es this may cause acidosis.

Respiratory Acidosis

Due to \downarrow es in respiration rate when the level of CO_2 \uparrow es in the lungs then it cause Respiratory Acidosis.

\rightarrow This condition is also known as hypercapnia.

Sign & Symptom of Acidosis

- \rightarrow Headache
- \rightarrow Sleepiness (Sleepiness)
- \rightarrow Confusion.
- \rightarrow Seizure (कंपकपी होना)
- \rightarrow Weakness.
- \rightarrow Diarrhoea.
- \rightarrow Coughing
- \rightarrow Increased heart rate.
- \rightarrow Nausea & Vomiting.

Alkalosis :-

When the pH of body fluid is less more than 7.35 then it is called alkalosis.

In this condition the H^+ ion conc is less and (by) bicarbonate concentration is increase.

⇒ The cause of metabolic Alkalosis can be divided into two category; Depending on urine and chloride level.

1) Condition - 1 :-

Chloride responsive alkalosis →

The urine chloride level is increase is more than 10 meq/liter

2) Chloride resistant Alkalosis

When the urine chloride level is more than the 20 meq/liter.

Electrolyte Imbalance :-

Electrolytes are very imp. for maintaining the homeostasis of body.

⇒ Different electrolyte, like, Na, K, Ca, Mg, and PO_4^- helps to regulate the heart and neurological function. fluid balance & Acid base balance, and the abnormalities of electrolyte may cause cell injury.

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Unit-1
Chapter-2

∴ Basic Mechanism involved in Inflammation:

Inflammation:

Inflammation is the ~~work~~^{one} of the most imp and most useful diff. mechanism of our body, It protect our body by killing the foregin partical but our own tissue are injured.

The basic symptoms of Inflammations are :-

- 1) Swelling (Tumor)
- 2) Redness (Rubor)
- 3) Heat (Calor)
- 4) Pain (Dolor)
- 5) Loss of function (Laesa)

Inflomation involve cellular or tissue ppt; the scale of Inflammation is to protect the body contain injurious agent that inhabes in our body.

It is very common to have some degree of necrosis in the area of inflammation.

Types of Inflammation:

On the basis of area of inflammation in body it may be of following types.

- i) Dermatitis: Inflammation in skin.
- ii) Nephritis: Inflammation in kidney.
- iii) Glomerular Nephritis - Inflammation of Glomerulus.
- iv) Conjunctivitis: Inflammation in

- v) Meningitis - Inflammation in Brain
- vi) Myocitis - Inflammation in muscle
- vii) Arthritis - Inflammation in Joint
- viii) Pancreatitis - Inflammation in Pancreas
- ix) Enteritis - Inflammation in
- x) Hepatitis - Inflammation in liver

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Inflammation can be further classified on the basis of duration ^(अवधि)

- (i) Pre acute Inflammation
(0-4hr)
- (ii) Acute Inflammation
(3-5 day)
- (iii) Sub Acute Inflammation
(Few day - 1 week)
- (iv) Chronic Inflammation
(1-week to month)
- v) Chronic Active
(- Permanent)

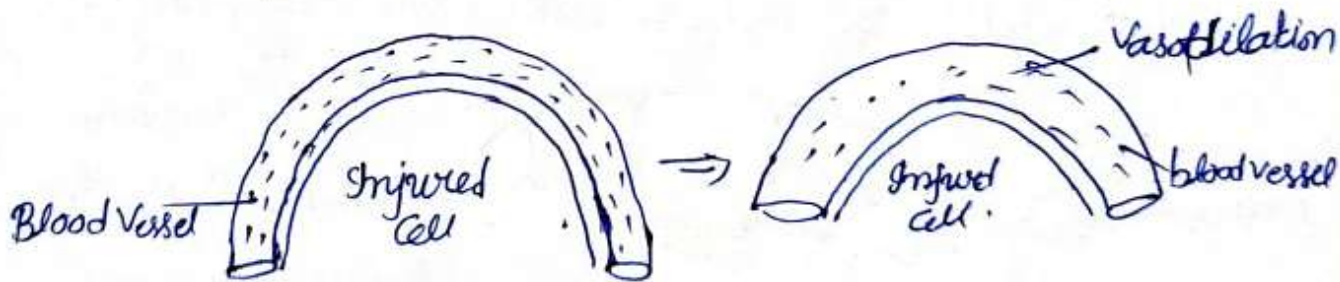
Mechanism of Inflammation :-

The mechanism of Inflammation involve following steps :-

- (i) Migration
↓
- (ii) Rolling & Adhesion
↓
- (iii) Emigration
↓
- (iv) Chemotaxis
↓
- (v) Degradation
↓
- (vi) Inflammation

(i) Migration

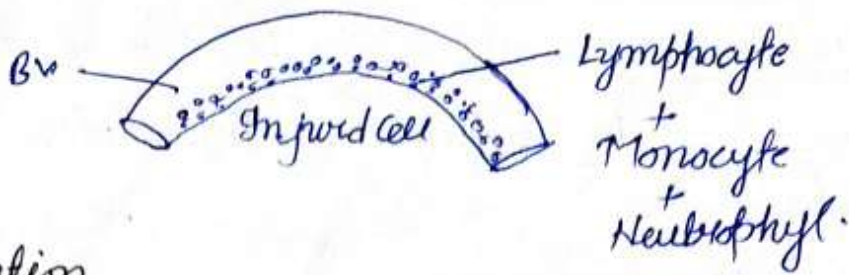
In this step vasodilation start of the blood vessel above the injured cell, so the lumen size of blood vessel is increases so the flow of blood is also res at that injured Area.



(3) Rolling & Adhesion

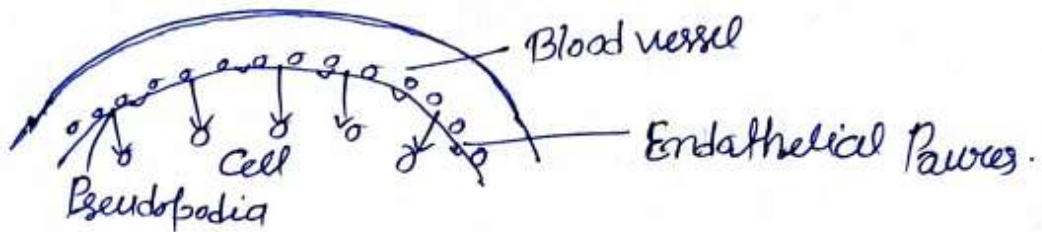
When the flow of blood is res then the more lymphocyte, Monocyte, And Neutrophil cell move towards the ~~there~~ on the injured cell and get Adhere on the endothelial layer of the blood vessel.

After rolling and Adhesion they form a thick layer on the cell surface.



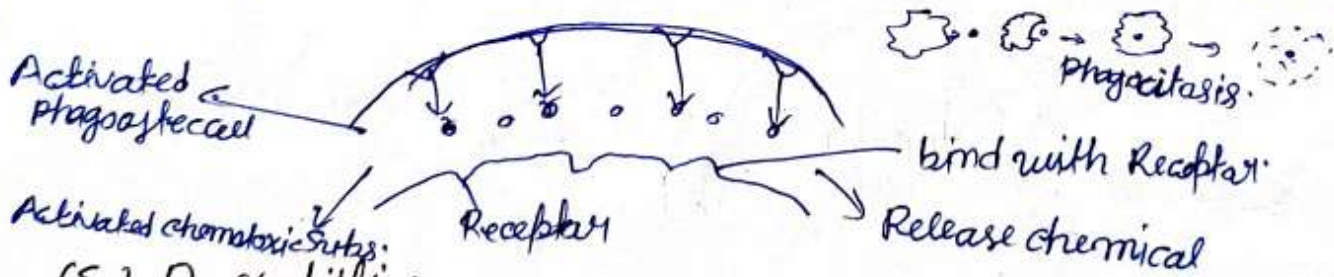
(3) Emigration

On the inner lining of endothelial membrane endothelial pores are present which is also known as pseudopodia. Across this pseudopodia the lymphocyte, monocyte and neutrophil cell get migrate into inside the cell.



(4) Chemotaxis ∅

When lymphocyte, monocyte and neutrophil cell comes inside the cell then they bind their ^{histamin} receptors and activate phagocytic cell and release some toxic chemicals.



(5) Degradation

After releasing the phagocytic cell they engulf the foreign particle and degrade them this is called phagocytosis. → Histamin receptors release some toxic subs which destroy the foreign particle along with that cell.

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(6) Inflammation

Due to effect of toxic chemical subs that part of area of skin is get affected, it swell, becomes red, produce some heat and pain occurs; These events are called inflammation

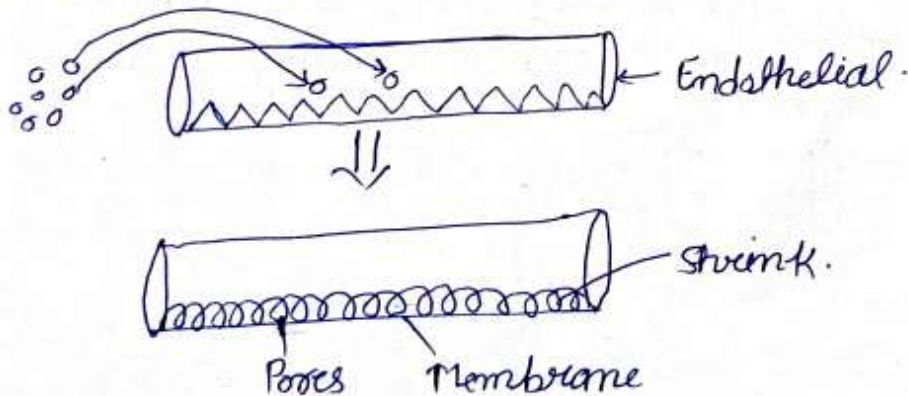
Alteration in Vascular Permeability and Blood flow

During inflammation the permeability of blood vessels is increase so the blood flow is increase.

There are following 5 reasons for alteration in vascular permeability.

i) Retraction of Endothelial Cell & leakage:

When inflammatory mediators bind with the receptors of endothelial membrane then the endothelial membrane is shrink and by the deposition of chemical mediators the permeability of blood vessels is increase after leakage.



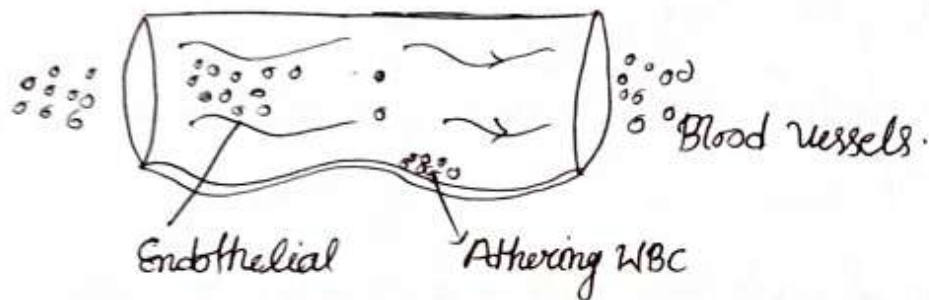
- i) Retraction of endothelial cell & leakage.
- ii) Direct endothelial injury.
- iii) Leucocyte dependent cell injury.
- iv) Increase Transcytosis.
- v) Leakage from new capillary.

2) Direct endothelial injury :-

Due to effect of injury upon and endothelial necrosis the permeability of blood vessels is alter.

3) Leucocyte dependent Cell Injury :-

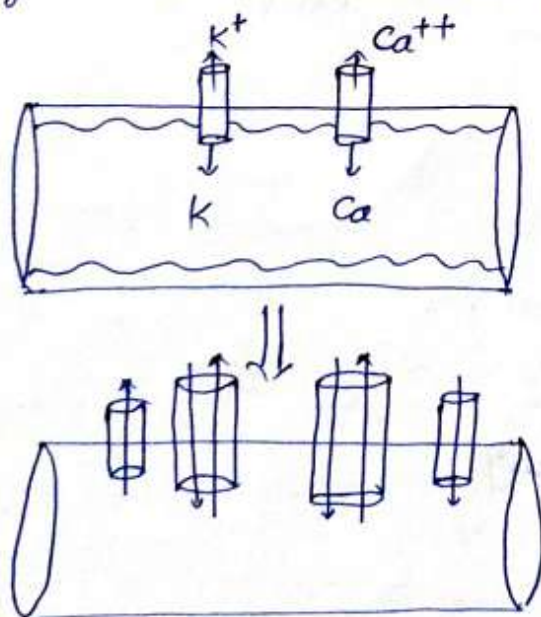
Neutrophyl or leucocyte when adhere on the surface of endothelial membrane when they release some inflammatory mediators and alter the permeability of blood vessels.



4) Increase Transcytosis :-

In the blood vessels different pores and (chemical) channels are present by which the transcytosis of ions takes place.

But when the no of channels or the size of channels is increase then transcytosis is increase and permeability is altered.



5) Leakage from New Capillaries:

After damage of organs and blood vessels by the proliferation process new blood vessels are formed which release the VEGF (Vascular Endothelial growth factor) and Endothelial cells are leaky.

Migration of WBC during Inflammation:

Mediators of Inflammation:

During inflammation WBC cells like neutrophils, Acidophyl, Basophyl and Macrophase migrate towards the inflammatory site and they release lots of chemical which cause the inflammation these chemicals are known as Inflammatory mediators.

On the basis of effect on organ inflammatory mediators can be classified into following types.

1) Vasodilation:

Histamine
Nitric oxide
Prostaglandin (PG)
[PG] $\begin{cases} \nearrow \text{PGE}_2 \\ \searrow \text{PGL}_2 \\ \text{PGI}_2 \end{cases}$

2) Increased Vascular Permeability :-

- Histamin
 - Bradykinin
 - Reactive oxygen species (ROS)
 - Leukotrienes (LT)
- [LT] $\left\{ \begin{array}{l} \text{LTE}_4 \\ \text{LTD}_4 \\ \text{LTC}_4 \end{array} \right.$

→ Plasma activating factor (PAF)

3) Chemotaxis :-

- Leukotrienes $\left\{ \begin{array}{l} \text{LTB}_4 \\ \text{LTC}_4 \end{array} \right.$
- Chemokines
- Interleukin [IL] $\left\{ \begin{array}{l} \text{IL}_1 \\ \text{IL}_8 \end{array} \right.$

- ## 4) Fever :-
- Prostaglandin
 - IL₁
 - IL₈

5) Pain :- Bradykinin.

Prostaglandin → (PGF₂)

- ## 6) Tissue Damage :-
- ROS
 - Nitric oxide
 - Lysosomal Enzyme

Histamine :- Histamine is present in the granules of basophil and platelets but its main source is mast cell which is present in connective tissue. Histamine is responsible for the early response in type-1 hyper sensitivity reaction or allergy. It is imp in the immediate active phase of increased vascular permeability. During asthma histamin is release from the smooth muscle of bronchi and causes constriction of windpipe. There are following chemicals which stimulate the release of histamine from mast cell like immunoglobulin [IG, IL, cytokines and neuropeptides] etc.